

Elemental Resistance (1)

This spell allows the target to resist the elemental effect of his or her choice. You decide the element when you cast the spell. You may resist elixirs with the appropriate element as an attribute. If you are unconscious, you must resist the NEXT elemental effect that is used on you. You may stack this resistance with other resistances. You may not have more than one elemental resistance of each element active on you at a time.

Incantation: "By the arcane arts, I defend (you/myself) from (element)."